



Available at  
Childcares Through-  
Out Dakota County:

- 35 minute classes
- 15 kids Maximum per class
- Breathing exercises
- Focuses on Positive Attitude
- Nutrition Training
- Exciting cardio-rich adventure while integrating various yoga poses and games
- Taught by Certified Yoga Instructor
- Affordable fitness Fun!
- \$38 per Class

WE NOW  
Offer

YOGA

For Kids!

Schedule A  
FREE Class  
today...

Namaste!